



**Ambitious  
about Autism**

# Being gay

A visual story explaining  
gay relationships.



**Being gay is a sexual orientation.**

**Usually, it describes a man who is attracted to other self-identifying men.**



**Sometimes, gay is used to describe others in the LGBTQ+ community, like lesbians.**

**Lots of people are gay.**

**Caspian is autistic, he also identifies as gay.**

**Caspian met his boyfriend at university.**

**When Caspian was in school, he was teased for looking and acting a certain way.**

**Now Caspian is in a happy and healthy relationship.**

**He is proud to be young, autistic and gay.**



**All gay people look different.**

**Rugby player  
Gareth Thomas  
is gay.**

**Presenter  
Gok Wan  
is gay.**



**Do you know  
anyone that is gay?**

**Caspian's family always asked him  
about having a girlfriend.**

**Caspian didn't tell anyone he  
thought he was gay. He was  
worried they might not believe  
him because he's autistic.**

**Because people teased him,  
Caspian thought it was  
bad to be gay.**

**It is not bad to be gay.**



**Caspian told his family he was gay  
when it felt right for him.**

**He feels authentic and more confident.**

**It is okay to say you are gay  
at any stage in your life.**

**Only you can define your identity.**



# We are Ambitious about Autism

Ambitious about Autism is the national charity standing with autistic children and young people.

We believe every autistic child and young person has the right to be themselves and realise their ambitions.

We started as one school and have become a movement for change. We champion rights, campaign for change and create opportunities.

## Contact us

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