





Felicity Carter
Programme Manager
(she/her)

## WHAT PEOPLE APPRECIATE ABOUT ME

- I am encouraging
- I am direct
- I am loyal.

## WHAT IS IMPORTANT TO ME

- Going for a walk at lunch time for fresh air and nature
- Good weather, when the sun is shining it puts me in a good mood for the rest of the day
- Being able to have a laugh with friends and colleagues, the cheesier the joke the better
- My to do lists I have lists in every part of my life, they make me feel more organised and in control.

## **HOW TO SUPPORT ME**

- Be honest and clear with what is expected of me and tell me constructively if I go wrong so I can improve
- Give me targets of what is needed and by when
- Too many noises can make me feel stressed and I may struggle to concentrate on what I need to hear or do – I may sit with headphones in all day or move to quiet space for a phone call.
- If we have a meeting I would prefer to sit in a quiet place.



