



JUST IN SCHOOLS



WHY DOES IT MATTER?

56% of autistic young people have said that going to school is a daily challenge because of the school uniform.



WHY YOU?

Could you take this conversation into your school?

Maybe you're a parent of a child who struggles with uniform, a teacher, or school Governor who wants every child to thrive in the school community?

Want to help facilitate equal opportunities for all students regardless of their individual abilities or needs?



WHAT CAN YOU DO?

1: Share the More Than Just Clothes Pledge with the school (either by speaking to the head teacher or School Inclusion Manager) to start the conversation about inclusive clothing.

2: Ask about your school's inclusion policies and what allowances there are for the clothing needs of individual pupils.

3: If your school has taken the pledge, print out the 'JUST-FRIENDLY SCHOOL' poster and put it up. To help autistic pupils feel more comfortable by showing that you support their clothing needs and want to help them participate and thrive.



#MORE THAN
JUST
CLOTHES



Ambitious
about Autism

WE ARE A



FRIENDLY SCHOOL

We recognise that clothes are more than just clothes and the right uniform can help autistic pupils participate and thrive. We always take these 4 simple steps:



Leave **JUDGEMENT** out of clothes so people feel free to wear what they feel most comfortable in.



Build **UNDERSTANDING** around autism to recognise how clothes impact areas of school and life.



See clothes as **SENSORY** tools that can provide regulation in different ways for different people.



Help everyone **THRIVE** by accommodating the clothing needs of autistic people.

If you find the uniform challenging, speak to a trusted teacher or School Inclusion Manager about allowances that could be made.

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